



### Highland High School Phys. Ed. Waiver Guidelines & Procedures

Adopted February 2013, Effective beginning 2013-14 School Year

The Highland Local School District Board of Education has adopted a policy to excuse students from one quarter credit of Physical Education. Students must still earn an additional quarter credit to meet the required half credit needed for graduation. Twenty-one credits will still be necessary for graduation.

#### **Guidelines**

1. The student must complete two full seasons as a member of an athletic team, cheerleading, or marching band. The activity must be sponsored by Highland High School. If an athletic activity is used, it must be recognized by the Ohio High School Athletic Association as a varsity sport.
2. The Phys. Ed. Waiver is based on completing two full seasons in one activity, at least one season in two different activities, or two consecutive full years of NJROTC.
3. Students may only use the P.E. waiver one time. Participating in more than two seasons will not count towards another quarter credit.
4. Students choosing to waive a quarter credit of P.E. will be required to earn the other quarter credit through another course of study.
5. Any student who has not completed the waiver requirements by the end of their junior year will be required to take Phys. Ed. as a senior.
6. No grade or quality points will be assigned to the Waiver of credit.
7. The head coach or director will determine, at the conclusion of the season, if the requirements for a full season have been met. Simply being a member of a team does not guarantee waiver status. 60 hours of participation are needed to meet the requirement.

#### **Procedure to Obtain Phys. Ed. Waiver**

1. Following the completion of two full seasons or two full years of NJROTC, the student should obtain a Physical Education Waiver Form from the Highland High School guidance office or guidance website.
2. The student must complete the top portion of the form and then have the form verified by their coach or director AND the high school athletic director or principal.
3. The student will submit the form to the high school guidance counselor. A copy will be placed in the student's cumulative file.

Highland High School  
Physical Education Waiver

**Student Information**

Name: \_\_\_\_\_ Graduation Year: \_\_\_\_\_

Address: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Activity 1: \_\_\_\_\_ Dates: \_\_\_\_\_ to \_\_\_\_\_

Coach or Director: \_\_\_\_\_

Activity 2: \_\_\_\_\_ Dates: \_\_\_\_\_ to \_\_\_\_\_

Coach or Director: \_\_\_\_\_

I understand and agree to the Physical Education Waiver Guidelines set forth by the Highland Local School District Board of Education.

Student's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Verification**

The student, named above, has completed two full seasons/years required in the Physical Education Guidelines.

Coach/Director 1 Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Coach/Director 2 Signature: \_\_\_\_\_ Date: \_\_\_\_\_

A.D./Principal Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Guidance Counselor Signature: \_\_\_\_\_ Date: \_\_\_\_\_