

Highland High School
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Mr. Chad Carpenter, Principal
Mr. Ty Stover, Assistant Principal
Mrs. Katie Pauley, Guidance
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Ms. Denise Stillwell, Secretary
Jenny Bachelder, Resource Officer

Highland High School Physical Education Flex Credit Guidelines & Procedures

The Highland Local School District Board of Education has adopted a policy to allow students to earn one quarter credit of Physical Education. Students must still earn an additional quarter credit to meet the required half credit needed for graduation. Twenty-one credits will still be necessary for graduation.

Guidelines

1. The student must complete two full seasons as a member of an athletic team, cheerleading, or marching band. The activity must be sponsored by Highland High School. If an athletic activity is used, it must be recognized by the Ohio High School Athletic Association as a varsity sport.
2. The Phys. Ed. Flex credit is based on completing two full seasons in one activity, at least one season in two different activities, or two consecutive full years of NJROTC.
3. Students may only use the P.E. flex credit one time. Participating in more than two seasons will not count towards another quarter credit.
4. Students choosing to flex a quarter credit of P.E. will be required to earn the other quarter credit through another course of study.
5. Any student who has not completed the flex credit requirements by the beginning of their senior year will be required to take Phys. Ed. as a senior.
6. No grade or quality points will be assigned to the flex credit.
7. The head coach or director will determine, at the conclusion of the season, if the requirements for a full season have been met. Simply being a member of a team does not guarantee flex status. Sixty hours of participation are needed to meet the requirement.

Procedure to Obtain Phys. Ed. Flex Credit

1. Following the completion of two full seasons or two full years of NJROTC, the student should obtain a Physical Education Flex Form from the Highland High School guidance office or guidance website.
2. The student must complete the top portion of the form and then have the form verified by their coach or director AND the high school athletic director or principal.
3. The student will submit the form to the high school counselor. A copy will be placed in the student's cumulative file.

***Our Mission:**
For Each Student*

***Our Vision:**
The students of Highland Local Schools will be well-prepared, self-aware, and independent learners.*

Highland High School Physical Education Flex Form

Student Information

Name: _____

Graduation Year: _____

Address: _____

Date of Birth: _____

Phone: _____

Activity 1: _____

Dates: _____ to _____

Coach or Director: _____

Activity 2: _____

Dates: _____ to _____

Coach or Director: _____

I understand and agree to the Physical Education Flex Credit Guidelines set forth by the Highland Local School District Board of Education.

Student's Signature: _____

Date: _____

Parent's Signature: _____

Date: _____

Verification:

The student, named above, has completed two full seasons/years required in the Physical Education Flex Credit Guidelines.

Coach/Director 1

Signature: _____ Date: _____

Coach/Director 2 Signature: _____ Date: _____

AD/Principal Signature: _____ Date: _____

School Counselor Signature: _____ Date: _____